A GUIDE FOR ELEMENTARY LEVEL SCHOOL HEALTH SERVICES

These are the health services that are required for, and available to, your child while attending elementary school in the Coatesville Area School District.

IMMUNIZATIONS A completed immunization record is REQUIRED to start school. Students will be EXCLUDED for an incomplete immunization record. Please contact your family doctor for an updated record to provide to the School Nurse. The Chester County Health Department is available to give immunizations for anyone and is free for uninsured students.

Requirements for Kindergarten:

DTaP- 4 to 5 properly spaced vaccines with the last given after age 4

OPV-IPV- 3 to 4 properly spaced vaccines with the last given after age 4

MMR- 2 properly spaced vaccines, with the first given after age 1

Varivax- 2 properly spaced vaccine, with the first given after age 1 OR documentation of having the disease

Hep B- 3 properly spaced vaccines

MANDATED PHYSICALS are required in Kindergarten, those students moving into the district with incomplete records, and for those students coming from out-of-state. You are encouraged to have this mandated examination completed by your family doctor. The Physical Exam Form is available from the School Nurse, or on the CASD website under Parent Resources. A school exam can be done by the School Nurse Practitioner/School Physician with your written permission as noted on the completed student's Emergency Form. A Health History (available from the School Nurse or on the CASD website under Parent Resources) must be completed and returned to the School Nurse. Private physicals for school can be dated from within a year of the start of school and are requested by JANUARY 1.

DENTAL EXAMS are required for Kindergarten and 3rd grade. You are encouraged to have this exam done by your family dentist. A school dental screening may also be done by the School Dentist with parent/guardian permission as indicated on the completed Emergency Procedure Form. A Private Dental Form is available from the School Nurse or on the CASD website under Parent Resources. Another resource, Mobile Dentists is available if a more complete exam, cleaning, or restoration is required. Information and registration form for the Mobile Dentists is available from the School Nurse or online at www.mobiledentists.com

HEIGHT AND WEIGHT will be measured every year. Body Mass Index (BMI) will be calculated. A report will be sent home per State mandate.

VISION SCREENING will be done every year. Any indication of vision difficulty will be reported to the parent/guardian and referral form sent as soon as possible so that your child can be examined by your family eye doctor. **Please return** the completed referral form to the School Nurse.

HEARING SCREENING will be done in Kindergarten, 1st, 2nd, 3rd grade and upon request. Any student who does not pass the hearing screening will receive a referral form to take to a physician/hearing specialist. **Please return** the completed referral form to the School Nurse.

MEDICATION All prescription AND over the counter (OTC) medication to be taken at school MUST be in the original bottle and accompanied by a signed letter of permission from the parent/guardian AND physician. This letter should have the amount of medicine to be taken, times the medicine is to be taken, condition for which the medicine is given, and possible side effects of the medicine. *Medication Policy/Permission Form is available on the CASD website under Parent Resources*.

PLEASE NOTE: When sending medication into school, 2 times per day means every 12 hours, 3 times a day means every 8 hours, and 4 times a day means every 6 hours unless your doctor prescribes otherwise.

The following medications are approved by the School Physician and may be sent into school with a note from the parent/guardian: Allergy Eye Drops, Robitussin, Cough Drops, Lactaid, Naproxen (Aleve), Nasal Decongestant, Pamprin/Midol, and Saline Nasal Spray

WE KINDLY REQUEST THAT ROUTINE CARE OF PIERCINGS BE DONE AT HOME

ALL MEDICATION MUST BE KEPT IN THE SCHOOL NURSES'S OFFICE ANNUAL UPDATES FROM THE DOCTOR ARE REQUIRED FOR ALL PRESCRIPTION MEDICINE

ILLNESS The following are some symptoms which may mean that your child is ill. Your child should remain at home when he/she has:

Fever over 100 degrees, chills. persistent cough or shortness of breath, vomiting. diarrhea, unusual skin rash. severe sore throat, enlarged glands, abdominal pain, or inflamed eyes/eye discharge

A child should remain home at least 24 hours without a fever (without the use of fever-reducing medication) and/or vomiting following an illness.

By following these guidelines, you will protect not only the health of your child, but the health or his/her classmates.

Note that your child will not be able to attend school if he/she is suffering from untreated pink eye, impetigo, ringworm, scabies, unusual skin rash, severe sore throat, or fever over 100 degrees.

EMERGENCY PROCEDURE FORM (on CASD website): Emergency Information Forms <u>MUST</u> be completed each school year and signed by the parent/guardian. This updated information is important to have in case of an emergency to provide care to the student quickly and safely. **Medication will not be dispensed without this information on file.**

EARLY RELEASE FROM SCHOOL DUE TO ILLNESS Students who need to be sent home will only be released to persons listed on the current Emergency Procedure Form. School Policy states that students will only be released for medical reasons through the School Nurse. Students need to be signed out through the Attendance Office.

Students are not to call/text for early dismissal without the knowledge and consent of the School Nurse.

ANNUAL UPDATES FROM A PHYSICIAN ARE REQUIRED FOR ALL HEALTH CONDITIONS WHICH MAY AFFECT A STUDENT'S EDUCATIONAL PROGRAM OR ATTENDANCE.